

Stroud Lead Practitioner Newsletter

Extra Issue 10 – 13.07.2020

Welcome to Issue 10 of the Stroud Lead Practitioner newsletter; our last one for this academic year. As we enter the final week of this term, it is the perfect time to look back and reflect on the year and, in particular, the last 4 months, which have been extremely challenging for so many children, young people and their families as well as yourselves as Practitioners. It is through your hard work and dedication that needs have continued to be identified and support put in place in order to work towards meeting those needs. This, combined with working together and empowering parents, helps to ensure that we provide help at the earliest opportunity, which is more effective in promoting the welfare of children than reacting later; thank you.

We hope that you will be able to enjoy a well deserved rest over the summer and look forward to working with you in the coming months.

Best wishes, and stay safe,

Claire, Jose and Anita

Free Hospital Trust Fund (FHTF)

The Free Hospital Trust Fund (FHTF) can provide grants to buy shoes and clothes, including school uniform, for children and their siblings who are suffering health problems or who are living with a parent/carer who has health problems.

Eligibility criteria is as follows (in order of priority):

- 1. Families where children have significant health problems.
- 2. Families where the children have physical, emotional or social problems.
- 3. Families who live in poor housing and/or domestic violence issues are present.
- 4. Families where the parents have significant health problems.

For children and young people with an Early Help Plan (My Plan/My Plan+) in place, applications can be submitted at any time. All other applications must be submitted to the Trustees for consideration at their quarterly meetings; the remaining date for this year is 9th October.

Further information, including application forms, can be found online within the Information for Practitioners section of the GlosFamilies Directory - www.glosfamiliesdirectory.org.uk/kb5/gloucs/glosfamilies/family.page? familychannel=3 1 2 1

Family Information Service

The Family Information Service (FIS) offer a wide range of information, advice and signposting to support families, children and young people from 0-19 years (up to 25 years for young people with additional needs). The advice and information the can provide encompases a wide range of topics including: family support; parenting programmes (e.g Triple P, Webster Stratton and Solihull); the Local Offer (advice and ifroamtion for children and young people with SEND); things to do.

A wealth of information can be found online at www.glosfamiliesdirectory.org.uk as well as the FIS Facebook page www.facebook.com/Family-Information-Service-Gloucestershire-190877934285599/. Alternatively, to speak to an Adviser, please telephone 01452 427362 or 0800 542 02 02.

Triple P Guide - Parenting During Covid-19

Covid-19 represents a challenge to families around the world that is unlike anything we have ever experienced. Most parents when confronted with a highly stressful situation like this have a basic concern for the well-being and safety of their children. To care for children effectively, parents must also look after themselves.

Parents may be feeling a range of uncomfortable emotions (including anxiety, anger, sadness) as well as uncertainty about what to do and how to cope. These feelings are entirely reasonable and normal. It is important to remember (and to remind children) that communities are working together to keep people safe.

The Positive Parenting Programme (Triple P) have compiled a guide to help parents to support their children and look after themselves during this difficult time. This guide includes advice and guidance as well as useful tips and can be downloaded online at www.triplep-parenting.uk.net/uk-en/get-started/parenting-during-covid-19/

Gloucestershire Suicide Prevention Partnership

Suicide remains a national and local public health priority.

The Gloucestershire Suicide Prevention Partnership (GSPP) exists to reduce the rate of suicide and self harm within Gloucestershire. GSPP provides a forum that brings together different partners across the public, voluntary and community sector, those with lived experiences of suicidal ideation or bereavement by suicide, and anyone else with an interest in preventing suicide in Gloucestershire.

They want to reduce suicides in our County and their web pages are designed to give advice and information to enable people to access the appropriate help and support. In addition, they provide Suicide Prevention training through eLearning packages or a 2 day suicide first aid training course.

For further information regarding the above, including the training available, please visit www.gloucestershire.gov.uk/health-and-social-care/public-health/gloucestershire-suicide-prevention-partnership/

Gloucestershire Bundles

A charity providing emergency packs of toiletries, clothing and equipment to pregnant women and families with children up to the age of sixteen, who find themselves in crisis situation.

Gloucestershire Bundles is a referral only service and only have direct contact with professional workers using their online referral form via their website.

Please note, any bundles requested need to be collected by the referrer.

To find out more, please visit www.gloucestershirebundles.org or telephone 07769 355219.

***tlas**camps

Will be running summer holiday sessions at the following local settings:

Birdlip, Bussage, Frampton On Severn, Leonard Stanley, Stroud (Cashes Green and St Matthews), Wotton-Under-Edge.

For more information please see www.atlascamps.co.uk



Will be running a holiday club for children in years 1-8 based at Minchinhampton Youth Centre.

Please see their website for more information www.dazzleworkshops.co.uk

While Away the Hours...

Gloucestershire Libraries Lockdown Project

Gloucestershire Libraries is asking for our experiences of lockdown. What a great way for children, young people and families to get involved and record what life is like. There are many ways to get involved and people of all ages across Gloucestershire are invited to express themselves through poems, short stories, blogs, comic strips, animations and videos.

www.gloucestershire.gov.uk/libraries/life-in-lockdown-in-your-words/



Join the Silly Squad and have fun with this year's Summer Reading Challenge. It is a celebration of funny books, happiness and laughter, with a story set in a fun house and a team of mad-cap animals who love to make people laugh. But be warned: a mysterious baddy is hoping to ruin their fun!

www.summerreadingchallenge.org.uk