

## Uley C of E Primary School PSHCE Two Yearly Cycle Overview

Reception	Reception overview			
School Term	Curriculum theme	Themes covered	SCARF lesson plans	PSHCE related extra curriculum events.
Autumn term 1	Me and My relationships	Includes feelings/emotions/conflict resolution/friendships	All about me  What makes me special  Me and my special people  Who can help me?  My feelings  My feelings (2)	Anti-bullying week
Autumn term 2	Valuing difference	Includes British values focus	I'm special, you're special  Same and different  Same and different families  Same and different homes  Kind and caring  Kind and caring (2)	
Spring term 1	Rights and responsibilities	Includes money/living in the wider world/environment	Looking after my special people  Looking after my friends  Being helpful at home and caring for our classroom  Caring for our world  Looking after money (1): recognising, spending, using  Looking after money (2): saving money	E-safety day:

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			and keeping it safe	
<b>Spring term 2</b>	Being my best	Includes keeping healthy/Growth Mindset/goal setting/achievement	Bouncing back when things go wrong Yes, I can! Healthy eating (1) Healthy eating (2) Move your body A good night's sleep	
<b>Summer term 1</b>	Growing and changing	Includes RSE-related issues	Seasons Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Where do babies come from? Getting bigger Me and my body - girls and boys	
<b>Summer term 2</b>	Keeping myself safe	Includes aspects of Relationship Education	What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings (1) Keeping safe online	

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			People who help to keep me safe	
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